

# The Highlands



# August 2010

Sun.	Mon.	Tue.	Thu.	Fri.	Sat.
<p>1.</p> <p>9-11 Church Shuttles</p> <p><b>3 p.m. Dick Stoeckel's Birthday Celebration Bistro</b></p>	<p>2. 9:30 Exercise 10:15 Safeway (S) <b>11:00 Niceties/Necessities</b> 1:00 Bank Shuttle <b>3:00 Farmers Market Trip</b> <b>7:00 Singer: Carl Pink</b></p>	<p>3.</p> <p>11:00 Exercise ® 2:00 Church Service (R) 3:30 Bingo 7:15 <u>Resident</u> Movie Night</p>	<p>4.</p> <p><b>11:15 Lunch Out: Bugaboo Steak House</b> 2:00 Rosary (R) 2:30 Catholic Prayers (G) 3:30 Current Events (R) 7:30 Resident Black Jack</p>	<p>5.</p> <p>10:30 Tai Chi w/Karen <b>1:30 Craft: Necklaces \$10 Limit: 7 women</b> 3:30 Hollywood Biography 7:30 Resident Scrabble (R)</p>	<p>6. <b>Irene &amp; Dick's Birthdays</b> 9:30 Chevy Chase Market 10:30 Shabbat (W) 11:00 Exercise (R) 1:15 Bridge (R) <b>3:30 Irene Iskrant's Birthday Party</b></p> <p>7.</p> <p>7:30 Saturday Cinema (R)</p>
<p>8.</p> <p>9-11 Church Shuttles</p>	<p>9.</p> <p>9:30 Exercise 10:15 Giant Shopping (S) 1:00 Library/CVS Shuttle 3:30 Current Events</p>	<p>10.</p> <p>11:00 Exercise ® 2:00 Church Service (R) <b>3:30 Activity Mtg.</b> 7:15 <u>Resident</u> Movie Night</p>	<p>11. <b>Margaret's Birthday</b> <b>11:15 White Flint Mall</b> 1:30 Mobile Post Office 2:00 Rosary (R) 2:30 Catholic Prayers (G) 3:30 Fill In The Blanks 7:30 Resident Black Jack</p>	<p>12.</p> <p>10:30 Tai Chi w/Karen 1:30 Wii Bowling <b>3:30 Crossword Puzzle</b> 7:30 Resident Scrabble</p>	<p>13. 9:30 Chevy Chase Market 10:30 Shabbat [W] 11:00 Exercise (R) 1:15 Bridge ® <b>3:30 A Classical Afternoon w/ Nathan</b></p> <p>14.</p> <p>7:30 Saturday Cinema (R)</p>
<p>15.</p> <p>9-11 Church Shuttles</p>	<p>16.</p> <p>9:30 Exercise 10:15 Safeway Shopping (S) 1:00 Bank Shuttle 3:30 Spanish Class</p>	<p>17.</p> <p>11:00 Exercise 2:00 Church Service (R) <b>3:30 Food Mtg.</b> 7:15 <u>Resident</u> Movie Night</p>	<p>18. <b>11:30 Lunch @ Normandy Farms</b> 2:00 Rosary (R) 2:30 Catholic Prayers (G) <b>3:30 Highlands Drama Club goes on the Road!</b> 7:30 Resident Black Jack (R)</p>	<p>19. <b>Louise's Birthday</b> 10:30 Tai Chi w/Karen (R) 1:30 Table Bowling <b>3:30 Resident Council</b> 7:30 Resident Scrabble (R)</p>	<p>20.</p> <p>9:30 Chevy Chase Market 10:30 Shabbat [W] 11:00 Exercise (R) 1:15 Bridge ® <b>3:30 Birthday's w/ Dale</b> 7:30 Recent Flick (R)</p> <p>21.</p> <p>7:30 Saturday Cinema (R)</p>
<p>22. <b>Ed &amp; Woody's Birthday</b> 9—11 Church Shuttles</p>	<p><b>23.</b> 9:30 Exercise (R) 10:15 Giant Shopping (S) 1:00 Library/CVS Shuttle 3:30 Current Events</p>	<p>24.</p> <p>11:00 Exercise 2:00 Church Service (R) <b>3:00 On The Boardwalk in Atlantic City</b> 7:15 <u>Resident</u> Movie Night</p>	<p>25. <b>11:15 Trader Joes / TJ Maxx</b> 1:30 Mobile Post Office <b>2:15 Transportation to Catholic Mass</b> 3:30 Bingo 7:30 Resident Black Jack</p>	<p>26.</p> <p>10:30 Tai Chi w/Karen (R) 1:30 Wii Bowling 3:30 Creative Writing 7:30 Resident Scrabble (R)</p>	<p>27. <b>8:30 Men's Breakfast</b> 10:00 Chevy Chase Market 10:30 Shabbat (W) 11:00 Exercise (R) 1:15 Bridge (R) <b>3:30 Singer, Kristina Harkness</b> 7:30 Recent Flick</p> <p>28.</p> <p>7:30 Saturday Cinema (R)</p>
<p>29.</p> <p>9-11 Church Shuttles</p>	<p>30. <b>Midge's Birthday</b> 9:30 Exercise ® 10:15 Safeway Shopping (S) 1:00 Bank Shuttle 3:30 Current Events</p>	<p>31.</p> <p>11:00 Exercise 2:00 Church Service (R) <b>3:30 Heart Wellness: Linda Peirce</b> 7:15 <u>Resident</u> Movie Night</p>		<p><b>K Kensington Room (W)</b> <b>W Woodlands</b> <b>G Groves</b> <b>R Recreation Room</b></p>	<p><b>Mobile Post Office 2nd &amp; 4th Wednesday</b></p>